# **KARAAM MENU**

### SOUP

- 1. Lentil Soup (v)
- 2. Chicken Soup

### LEBANESE COLD STARTERS

3. Hummous (v)

Pureed Chick Peas with Sesame Oil and Lemon Juice

4. Hummous Beiruty (v)

Pureed Chick Peas with Sesame Oil and Lemon juice topped with parsley, fresh garlic and chilli

5. Moutabal (v)

Baked Aubergine with Sesame Oil and Lemon Juice

6. Makdous (v)

Baby Aubergine stuffed with Walnuts, Spices and Garlic

7. Kabis (v)

Selection of Lebanese Pickles

8. Warak Inab (v)

Vine Leaves stuffed with Rice, Tomatoes, Onions, Parsley and Spices

9. Labneh (v)

Lebanese Cream Cheese

10. Bamia Bil Zait (v)

Green Okra cooked in Olive Oil, Tomatoes and Onions

11. Mousaka'a Batinjan (v)

Baked Aubergine with Chick Peas, spices, Onions and Tomatoes

12. Muhamarah (v)

Crushed Nuts, Mixed with Red Peppers, Chilli and Olive Oil

#### Salads

13. Fatoush (v)

Mixed fresh Salad with Herbs and Toasted Lebanese Bread

14. Spicy Lebanese Salad (v)

Mixed fresh Salad with herbs and spicy spices

15. Tabouleh (v)

Parsley Salad with Crushed Wheat, tomatoes, mint, onion, lemon juice, and olive oil.

16. Lebanese Salad (v)

Tomatoes and Onions Salad (v)

Cucumber Yoghurt Salad (v)

# LEBANESE HOT STARTERS

3. Falafel (v)

Mixture of ground Chick Peas, Broad Beans and Spices (fried)

4. Lamb Sambousek

Pastry stuffed with minced Meat, Onions and Pine Nuts

5. Fatayer (v)

Pastry stuffed with Spinach, Onions, Pomegranate and Pine Nuts

6. Kibbeh Maklieh

Crushed Wheat Paste stuffed with minced Lamb and Onions

7. Cheese Roll (v)

Lebanese Feta Cheese rolled inside thin pastry

8. Batata Harra (v)

Potato cubes sautéed with coriander and garlic, topped with fried vegetable

### KARAAM SPECIALITIES, GRILLED ON CHARCOAL

9. Sayadiyet Samak

Oven grilled Cod fillet topped with Chef's special tajin sauce served with brown rice

10. Kafta Halabiyeh

Minced Lamb and Parsley grilled on skewers

11. Taouk

Boneless Chicken meat cubes, marinated in Garlic, Lemon Juice and Olive Oil, grilled on skewers

12. Mix Shawarma

Chicken and lamb, marinated in vinegar, spices, onions, grilled

13. Five Spice Lamb

Cooked Lamb Chunks served with carrot rice

14. Chicken Stew

Chicken cooked with vegetables in a tomato sauce and served with rice

15. Lamb Stew

Lamb Cooked with vegetables in a tomato sauce and served with rice

# **VEGETARIAN SPECIALITIES**

16. Mousaka'a Batinjan (v)

Baked Aubergine with Chick Peas, spices, Onions and Tomatoes Served with Rice

17. Bamia Bil Zait (v)

Green Okra cooked in Olive Oil, Tomato and Onion Served with Rice